



Singular®

Prior Authorization Request

Fax the completed form to (816) 271-1228 or mail to 137 North Belt Highway, St. Joseph, MO 64506.

Questions? Call (816) 271-4019 or (800) 447-5819.

Provider Information

Prescriber's Name: _____

Specialty: _____ Phone: _____ Fax: _____

Contact Name: _____

Patient Information

Name: _____ CHP Member ID: _____

DOB: _____ Age: _____ Sex: Female Male

Diagnosis: _____

Date of Initial Diagnosis: _____

Medications currently used to treat diagnosis: _____

Which drug(s) failed and what was the outcome? _____

Recommended Therapy Guidelines for Allergic Rhinitis

Patient education with specific emphasis on allergen avoidance through environmental control should be the basis of allergic rhinitis management.

Use a step therapy approach to treatment based on symptom severity.

Short term, as needed, OTC antihistamines are most useful for mild seasonally limited symptoms, 3-4 days of acute symptom control during initiation of intranasal therapy or for breakthrough symptoms.

Intranasal steroids are the most efficacious and cost-effective agents for managing moderate to severe allergic rhinitis.

Non-sedating antihistamines should be reserved for those patients whose occupation places them at risk of harm due to potential sedative effects.

When taking any type of antihistamine, patients should use caution when driving a motor vehicle or operating machinery.

1st Line Therapy: Intranasal Steroids

2nd Line Therapy: Non-sedating/low sedating antihistamines

3rd Line Therapy: Intranasal antihistamines, intranasal anti-cholinergics or Montelukast

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